**Polar Bear Final Qualifier**

**03/2&3/2018**

**Location:**

402 W. Lincoln Ave. Ada, OH. 45810

**Facility**:

200 meter Mondo track surface.

Mondo jumping & vault surfaces.

Wooden, recessed ring SP/weight circle with throwing cage. We have two rings, will throw Women's SP in the HJ area as soon as HJ is complete.

Finish lynx timing system.

**Entries:**

Entries due Wednesday by noon. Please call with any scratches or changes by 4:00 Friday.

This will speed up the running of the meet on Saturday.

We'll be using Direct Athletics for entries.

If you have any problems please call (419) 772-2451. Also call with changes/ scratches

**Entry Fee:**

$200 per team, per gender. $20 per individual up to Team cap.

**Deadline:**

Wednesday 2/31/18 by noon

**Scoring:**

Non-Scoring

**Lockers:**

Available Upon Request

**Seeding:**

**Indoor Final Qualifying Meet**

**Standardize Advancement Procedures**

**60 Meters and 60 Hurdles:**

*At least the heat winners & next fastest based on time;*

*8 will advance to the final round*

**Other races/relays (200m and up):**

*Run as timed finals in sections*

**Long Jump, Triple Jump, Shot Put, Weight Throw:**

*Preliminary rounds will be contested in flights - 3 attempts will be allowed; top 9 best marks will advance to the final round for 3 additional attempts*

**Non-collegiate Athletes:**

*Exhibition/Unattached athletes do not advance to final round of field events and running events.*

**Trainers**:

 ATC will be located inside the track near the finish line and in the ATC room across the hall from the FH

**Spikes:**

Only 1/8 inch exposed pyramid spikes will be

 Permitted on the Mondo surface. (1/8” with a spike

 plate & ¼” with a recessed sole). No needles or pins.

**Results:**

Results will be available at the finish line at the conclusion of the 4x400 relay or online at ONUSports.com.

We will also post on TFRRS.

**Weigh-In:**

Weigh ins will take place at the table near the Weight Cage and will be open from 9:00 am until the start of competition.

**Parking:**

Parking is available at the facility, Buses will be asked to move to the lot near the tennis courts after dropping off teams

**Questions:**

Jason Maus

Head Coach

Track and Field/ XC

419-772-2451

j-maus@onu.edu

**Polar Bear Final Qualifier**

**Tentative Schedule**

**03/2&3/2018**

**Multi Event Time Schedule**

**ORDER of EVENTS**

**Friday 3/2**

12:00pm Heptathlon 60m Dash

TBA Heptathlon Long Jump

TBA Heptathlon Shot Put (min 30 mins after LJ)

TBA Heptathlon High Jump (min 30 mins after SP)

12:30pm Pentathlon 60m Hurdles

TBA Pentathlon High Jump

TBA Pentathlon Shot Put (min 30 mins after HJ)

TBA Pentathlon Long Jump (min 30 mins after SP)

TBA Pentathlon 800m (min 30 mins after LJ)

\* We will utilize 2 rings to accommodate the Men's Hep and Women's Pent

 **Saturday 3/3**

9:00am Heptathlon 60m Hurdles

TBA Heptathlon Pole Vault

TBA Heptathlon 1000m (min 30 mins after PV)

**Order of Events:**

11:00 AM #30 Women Pole Vault Finals

 #29 Men Pole Vault Finals

11:00 AM #32 Men Long Jump Finals

 #31 Women Long Jump Finals

 #34 Men Triple Jump Finals

 #33 Women Triple Jump Finals

11:00 AM #27 Women High Jump Finals

 #28 Men High Jump Finals

11:00 AM #37 Women Weight Throw Finals

 #38 Men Weight Throw Finals

 #35 Women Shot Put Finals

 #36 Men Shot Put Finals

12:00 PM #1 Women Distance Medley Finals

 #2 Men Distance Medley Finals

 #3 Women 60 Meter Dash Prelims

 #4 Men 60 Meter Dash Prelims

 #5 Women 60 Meter Hurdles Prelims

 #6 Men 60 Meter Hurdles Prelims

 #39 Women 3000 Meter Run Finals

 #40 Men 3000 Meter Run Finals

 #11 Women 1 Mile Run Finals

 #12 Men 1 Mile Run Finals

 #6 Men 60 Meter Hurdles Finals

 #5 Women 60 Meter Hurdles Finals

 #13 Women 400 Meter Dash Finals

 #14 Men 400 Meter Dash Finals

 #3 Women 60 Meter Dash Finals

 #4 Men 60 Meter Dash Finals

 #17 Women 800 Meter Run Finals

 #18 Men 800 Meter Run Finals

 #21 Women 200 Meter Dash Finals

 #22 Men 200 Meter Dash Finals

 #42 Women 5000 Meter Run Finals

 #41 Men 5000 Meter Run Finals

 #25 Women 4x400 Meter Relay Finals

 #26 Men 4x400 Meter Relay Finals

**Notes:**

* Minimum distance marks: N/A
* Number of entry restrictions: N/A
* Team seating and food restrictions: Parents and fans will be seated in the raised bleachers. ONLY athletes and Coaches will be allowed on the infield
* Concessions: will be available
* Admission price for spectators: $4 adults $3 for students with an ID
* Meet updates can be found at www.onusports.com